

# SPORTING SUCCESS



Well done to the Y5&6 rugby squad after a winning performance against Llanishen Fach, marking our last home game of the season. Thank you to all players for their commitment and hard work this season.



Wet and windy conditions didn't stop our Y5 rugby squad when we hosted Birchgrove Primary. Despite the weather, the team played great rugby and scored some impressive tries. The future looks bright for next season.



# CYCLING PROFICIENCY



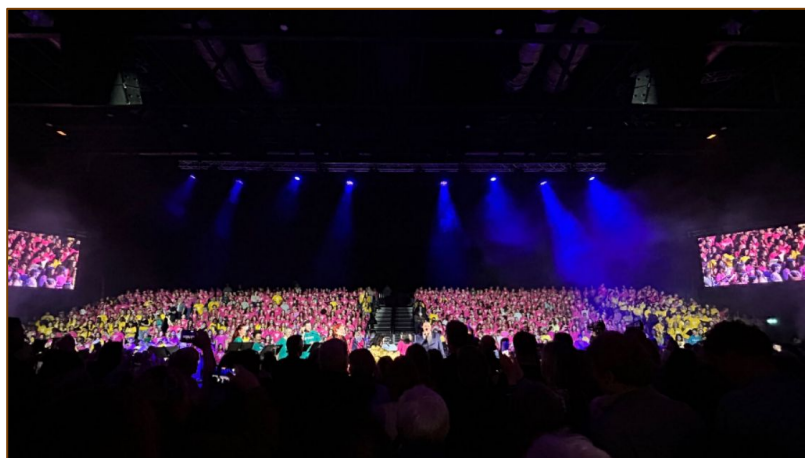
# CODI LLAIS CAERDYDD



We are incredibly proud of our Y 5&6 choir who recently took part in Codi Llais- Raise Your Voice Caerdydd.



They joined hundreds of children to sing in the Utilita Arena in a spectacular event. Da iawn to all involved!



# YEAR 1 WHITCHURCH PARK VISIT



Exploring the equipment  
in the park .



We collected  
information about  
natural things.

Look an ant!!



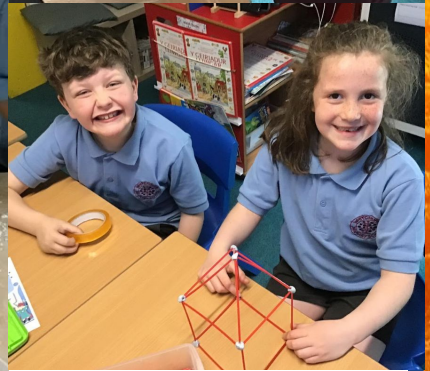
# YEAR 2 IMMERSION DAY



Year 2 enjoyed exploring different forces around the school when they tuned in to their new inquiry.



# YEAR 3 IMMERSION DAY



Year 3 had a fantastic Tuning In Day to launch our new inquiry, Marvellous Materials! We became scientists as we explored different materials, discovering their properties and uses through a range of exciting activities. We experimented with Oobleck, tested and built structures using a variety of materials, and took part in a fun materials scavenger hunt. It was a brilliant day full of curiosity, creativity and hands-on learning!

# YEAR 3 PORKHKERRY PARK VISIT



Year 3 had a wonderful trip to Porthkerry, where we took part in a "Trash vs Treasure" beach litter pick and explored the different materials we found. We also enjoyed a senses scavenger hunt and had lots of fun playing in the park!



**JOIN US FOR OUR**

# **CURRICULUM CELEBRATIONS**

MORNING NURSERY MONDAY 6TH JULY 11:00AM  
AFTERNOON NURSERY MONDAY 6TH JULY 2:30PM

RECEPTION MONDAY 6TH JULY 2:30PM

YEARS 1 & 2 THURSDAY 9TH JULY 2:30PM

YEAR 3 & 4 TUESDAY 7TH JULY 2:45PM

YEAR 5 & 6 WEDNESDAY 8<sup>TH</sup> JULY 2:45PM

ALL YEAR GROUPS; WEDNESDAY 8TH JULY 3:45PM-4:45PM

**REGISTER YOUR ATTENDANCE USING  
THE QR CODE BELOW**



PLEASE JOIN THE FRIENDS OF  
WHITCHURCH PRIMARY AT  
OUR VERY FIRST

# Colour Fest!

WEDNESDAY 3<sup>RD</sup> JUNE  
3.30PM-5.30PM

LOCATION: SCHOOL PLAYING FIELDS

FOOD TRUCK | ICECREAM | SWEETS  
| DRINKS | MUSIC | FESTIVAL MERCH

**TICKETS £5 EACH\***

TICKETS MUST BE BOUGHT IN ADVANCE VIA  
PARENTPAY- MORE DETAILS TO FOLLOW

\*EVERY CHILD PARTICIPATING IN THE RUN WILL REQUIRE A TICKET  
SUPERVISING ADULTS CAN RUN FOR FREE

SPECTATORS WELCOME TO WATCH FOR FREE

# What Parents & Educators Need to Know about

# WHATSAPP

AGE RESTRICTION  
13+

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

## WHAT ARE THE RISKS?

### GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

### SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

### DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

### EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

### UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

### COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

## Advice for Parents & Educators

### REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

### BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

### TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

### TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

#WakeUpWednesday

The National College



Gwasanaethau  
Chwarae Plant  
Children's  
Play Services



STRONGER  
FAIRER  
GREENER



Age  
5-14

# Local Play Session

Come and join us for half term fun at

## Gabalfa Youth Centre

### CF14 200

### Friday 29 May

### 3:30 - 5:25pm

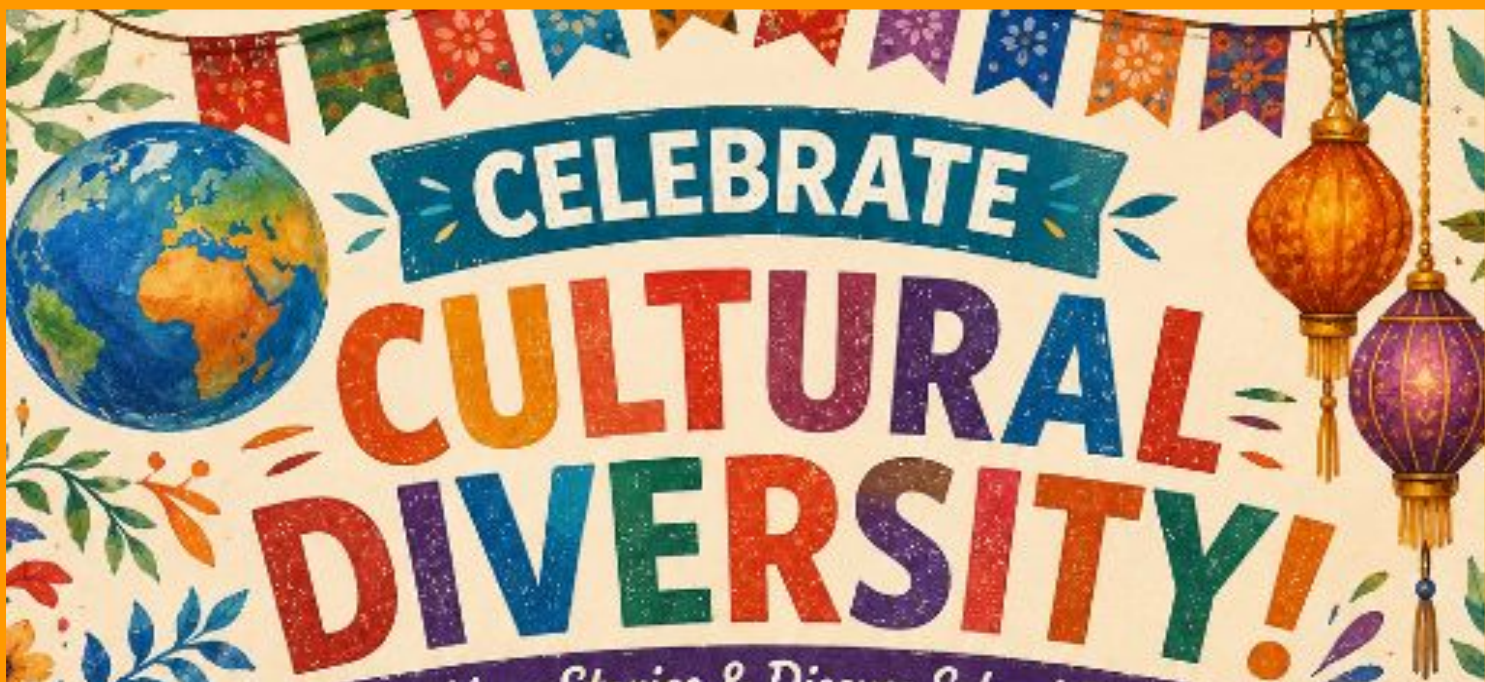
Scan the QR code to register your child.

<https://cardiffchildrensplayservices.co.uk/register>

\*This document is available in Welsh\*

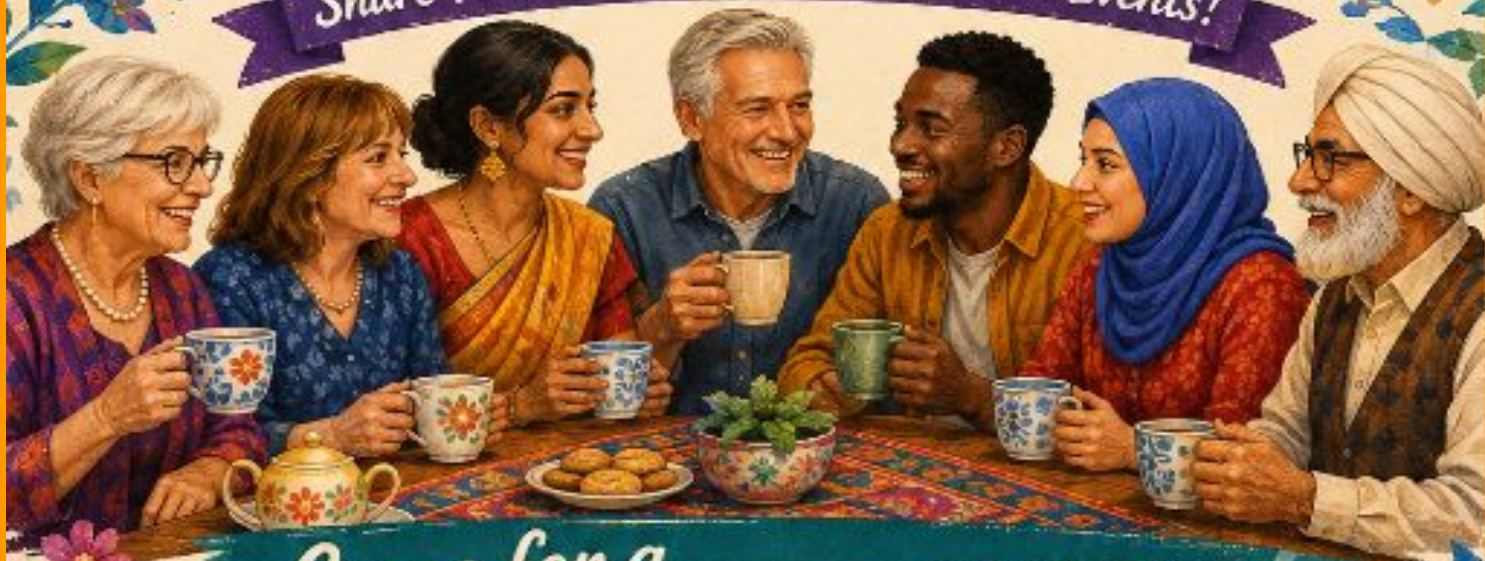
\*All of the open access play sessions are designed with children aged 5-14 in mind.\*





# CELEBRATE CULTURAL DIVERSITY!

*Share Your Stories & Discuss School Events!*



Come for a **DRINK & A CHAT!**

*Discuss School Events!*



**THURSDAY  
11TH JUNE  
at 9:00AM**



**WHITCHURCH PRIMARY SCHOOL**

**ALL WELCOME!**

**WE'D LOVE TO SEE YOU THERE!**



# HOW TO BE SAFE AROUND OUR SCHOOL DOG



## MEET BAXTER THE DOG

Baxter loves being in school but we need to remember that he is a dog and he can sometimes see things differently to humans.

### KEEPING SAFE WHEN TOUCHING BAXTER:

- ✔ Walk slowly over to him – don't run
- ✔ Always ask permission before stroking
- ✔ Stroke from his ears to his back or on his chest
- ✔ Don't grab his tail
- ✔ Always be calm
- ✔ Don't make sudden movements
- ✔ Don't grab at his fur

### TIMES WHEN YOU CAN'T GO TO BAXTER:

- ✔ If he is at the office gate, don't approach unless with an adult
- ✔ If you are eating
- ✔ If he is eating or chewing

### IF BAXTER VISITS YOUR CLASS:

- ✔ Don't jump up or make sudden movements
- ✔ Don't make loud noises

**Baxter will always be with an adult but if for any reason he is running free and approaches you, just stand completely still and someone will come to help – never run!**



# parent line

Parentline is a text message service that allows parents and carers of children aged 5 to 16 to contact a school nurse for confidential advice and support via text message.

The service is available to all parents and carers with children aged 5 to 16, including those who are home educated.

To contact a school nurse, text **07312 263178**. Text messages will be monitored between 8.30am and 4.30pm Monday to Friday (excluding bank holidays) and the Cardiff & Vale UHB School Nursing team aims to respond within one working day.

A school nurse can offer help and support for a wide range of topics, including:

- Emotional wellbeing
- Day and night time wetting
- Soiling
- Healthy eating
- Behaviour
- Relationships

The team can also arrange for you to speak with your child's school nurse if preferred.

Texts will not be seen outside normal working hours. If you need help before you hear back from the team, please contact your GP or dial 111.

Parentline supports text messages from UK mobile numbers and does not receive voice calls or MMS picture messages. Text messages are charged at your usual rates.

# ADVICE AND SUPPORT FOR PARENTS



Gwasanaeth Gwybodaeth i Deuluoedd  
Family Information Service

<https://www.childcareinformation.wales/>

Cardiff **Family  
Advice and Support**



<https://www.cardiffamilies.co.uk/parents-and-carers/cardiff-family-gateway/>

**Credwch  
mewn plant  
Believe in  
children**



**Barnardo's  
Cymru**

<https://www.cardiffamilies.co.uk/family-wellbeing-service-for-professionals/>